

**VOCATIONAL SUBJECT**  
**EVALUATION SCHEME**  
**STD-X (Level 2)**  
**Sports (86)**

**Scheme of Examination:**

<b>Sr. No.</b>	<b>Method of Assessment</b>	<b>Weightage of Marks</b>	<b>Evaluator</b>
1	Theory Paper (Written)	30 Marks (80 Marks converted 30 Marks)	School / State Board
2	Practical Exam	30 Marks	Certified Assessor
3	Term Work (Journal)	10 Mark	School Instructor / Trainer
4	Project Work	10 Mark	School Instructor / Trainer
5	Oral / Viva Vocu	10 Mark	Certified Assessor
6	Direct Observation	10 Mark	Certified Assessor
	<b>Total Marks</b>	<b>100 Marks</b>	

**1] Unit wise Marks Distribution of written test paper:**

Paper: Time: - 3 hours

Marks: - 80

<b>Sr. No</b>	<b>Unit (Contains)</b>	<b>Mark</b>	<b>Mark With option</b>
1	Foundation of Physical Education	10	15
2	Health and Fitness	10	15
3	Games and Sports	18	27
4	Developing an Athlete	10	15
5	Teaching - Learning	10	15
6	Managing Sports Events	10	15
7	Nutrition	12	18
	<b>Total</b>	<b>80</b>	<b>120</b>

## 2] Practical Exam:

• <b>Practical Time</b>	• <b>3 Hours</b>
• Practical Subject	• Sports
• Any one practical should be given from the text book by lot system to each group / individual.	
• <b>Total Marks of Practical</b>	• <b>30 Marks</b>

## 3] Term Work (Journal):

• Term Work (Journal)	• Journal maintained by the students during the academic year.
• Term Work (Journal) Subject	• Sports
• <b>Total Marks</b>	• <b>10 Marks</b>

## 4] Project Work:

<ul style="list-style-type: none"><li>• The project work given in syllabus is only for guideline.</li><li>• Candidate, with approval from the Instructor / Trainer, may choose any one project and prepare it.</li><li>• He has full liberty to prepare any useful project other than the mentioned projects.</li><li>• He may write a visit report about any nearest Industry and their product.</li><li>• One project should be compulsory for each student or a group of maximum 4 students.</li></ul>	
• <b>Total Marks</b>	• <b>10 Marks</b>

## Written Test Paper - STD-X (Level 2)

### Sports (86)

#### Question Wise Distribution of Marks.

<b>Sr. No</b>	<b>Types of Questions</b>	<b>Marks</b>	<b>Marks with option</b>
1	Objectives (1 Mark)	20	20
2	Short Answer Type (3 Marks)	24	36
3	Long Answer Type (4 Marks)	24	40
4	Long Answer Type (6 Marks)	12	24
	<b>Total Marks</b>	<b>80</b>	<b>120</b>

# STD-X : Level 2

## Blue print of Unit wise Marks distribution

### Sports (86)

Sr No	Unit	Knowledge						Understanding						Applications						Total Mark	Total Mark with option
		O.B.		S.A.		L.A.		O.B.		S.A.		L.A.		O.B.		S.A.		L.A.			
		Mark	Questions	Mark	Questions	Mark	Questions	Mark	Questions	Mark	Questions	Mark	Questions	Mark	Questions	Mark	Questions	Mark	Questions		
1	Foundation of Physical Education	1	1	3	1			1	1							4	1	6	1	10	15
2	Health and Fitness	1	3	3	1	4	1	1	1	3	1			1	1					10	15
3	Games and Sports	1	1			4	1	1	2	3	1	4	1	1	1			6	2	18	27
4	Developing an Athlete	1	1	3	1					3	1	4	1			4	1			10	15
5	Teaching - Learning	1	1	3	1	4	1			3	1					4	1			10	15
6	Managing Sports Events			3	2			1	1	3	1	4	1	1	1					10	15
7	Nutrition	1	1					1	2	3	1	4	1	1	2			6	1	12	18
	<b>Total</b>	<b>1</b>	<b>8</b>	<b>3</b>	<b>6</b>	<b>4</b>	<b>3</b>	<b>1</b>	<b>7</b>	<b>3</b>	<b>6</b>	<b>4</b>	<b>4</b>	<b>1</b>	<b>5</b>	<b>4</b>	<b>3</b>	<b>6</b>	<b>4</b>	<b>80</b>	<b>120</b>
																					<b>120</b>

**Note:**

- O.B- Objective
- S.A.- Short answer type (3 marks)
- L.A.- Long answer type (4 marks & 6 marks)
- All the paper setters are expected to change the blue print every time.

# Pattern of Question Paper

## STD- X (Level-2)

### Sports (86)

Time: 3 hrs.

Marks: 80

---

- Notes:**
1. All questions are compulsory.
  2. Draw diagrams wherever necessary.

Q. No. 1.A) Select the correct alternative and rewrite the sentence / Fill in the Blanks. 5

1. ....  
a)..... b) ..... C) .....
2. ....  
a)..... b) ..... C) .....
3. ....  
a)..... b) ..... C) .....
4. ....  
a)..... b) ..... C) .....
5. ....  
a)..... b) ..... C) .....

B) Match the following pairs. 5

1. A)
2. B)
3. C)
4. D)
5. E)

C) State the following statement is true or false. 5

- 1.
- 2.
- 3.
- 4.
- 5.

D) Answer the following questions in ONE sentence.

5

- 1.
- 2.
- 3.
- 4.
- 5.

Q. No. 2) Answer the following questions in short. (Any four)

12

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Q. No. 3) Answer the following questions in short. (Any four)

12

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Q. No. 4) Answer the following questions in brief. (Any three)

12

- 1.
- 2.
- 3.
- 4.
- 5.

Q. No. 5) Answer the following questions in brief. (Any three)

12

- 1.
- 2.
- 3.
- 4.
- 5.

Q. No. 6) Answer the following questions in brief. (Any two)

12

- 1.
- 2.
- 3.
- 4.