

# NEPALI MEDIUM

## CLASS I

### SUBJECTS :

#### I. Mother Tongue (MIL) :

**Textbook Prescribed: (a)** Saral Nepali Sahitya Bhag - 1  
- Published by Textbook Committee (Nepali),  
Upper Mawprem, Shillong - 793002.

##### *Pieces to be Read*

##### *Unit - 1*

1. Shishu Kavita
2. Varna Lahari

##### Prose:

1. Revision of Swar, matra, vyanjan.
2. Path 1, 2, 3, 4, 5, 6.
3. Gaon Khane Katha.
4. Baar, Mahina, Ritu and Rashi ka namharoo.

##### Unit - II

##### Poetry

1. Prarthna
2. Bharat ko Jhanda

##### Prose

1. Mero ghar
2. Chakchake keto
3. Shillong.

##### Unit - III

##### Poetry

1. Vidhya
2. Charachari

##### Prose:

1. Hamro Bharat.
2. Chando sutnu chandu uthna.

#### II. English

**Textbook Prescribed: (a)** **The Rainbow Reader (Course Book)- I**  
- Published by Students' Publication,  
Bara Bazar Shillong - 793002.  
Meghalaya

***Pieces to be Read***

## Unit - I

The Alphabet (A to Z): Small & Capital  
Letters: Words starting with each alphabet.

## Unit - II

The Vowels (A, E, I, O, U)  
Short & Long Vowel Sounds.

## Unit - III

Nouns (Common nouns of four categories.  
Proper nouns: single & plural nouns)

## Unit - IV

The Articles ('a' & 'an')

## Unit V

Pronouns (I, we, you, he, she, it, they)

## Unit - VI

The Verb 'To Be'  
(Positive & Negative forms)

## Unit - VII

Determiners  
(This, That, These, Those)

**(b) The Rainbow Reader (Work Book) - I**

- Published by Students' Publication,  
Bara Bazar Shillong - 793002.  
Meghalaya.

***Pieces to be Read***

1. The Alphabet (A, B, C, D)
2. The Alphabet (E, F, G, H)
3. The Alphabet (I, J, K, L)
4. The Alphabet (M, N, O, P)
5. The Alphabet (Q, R, S, T, U, V)
6. The Alphabet (W, X, Y, Z)
7. The Vowel (A, E, I, O, U)
8. Short Vowel Sounds (Part 1)
9. Short Vowel Sounds (Part 2)
10. Long Vowel Sounds (Part 1)
11. Long Vowel Sounds (Part 2)
12. Common Nouns (Part 1)
13. Common Nouns (Part 2)
14. Proper Nouns
15. Nouns - Singular & Plural
16. The Article ('a' and 'an')
17. Pronouns

18. The Verb 'To Be' (Positive)
19. The Verb 'To be' (Negative)
20. Determiners (this, that, these, those)
21. Colours and Signals (Road Safety)

### III. Arithmetic

**Textbook Prescribed :** **Saral Aankaganit Part I**  
 - Published by Textbook Committee (Nepali),  
 Upper Mawprem, Shillong - 793002.

#### Unit - I

*Pieces to be Read:*

1. Ankako Gyan (Introducing Numbers from 1 - 10)
2. Sano, Thulo Ra Barabar Cinnako Ved (Ordering of one digit number)
3. Shunneko Maan (The Introduction of Zero)

#### Unit - II

1. Aekai Dahai (Numbers from 10 to 100 place value upto two digits. Ordering of such numbers)
2. Jodah (Addition/sum not exceeding 10)
3. Ghatau(Substraction of one digit numbers)

#### Unit - III

1. Guna (Multiplying a number by another numbers one digit number -and tables upto 10)
2. Samayako Gyan (Knowledge of time frame)  
Mudra (Money -its different denominations)

- Tables : Learning tables 1 to 5

### IV. Art of Healthy & Productive Living (AHPL)

**Textbook Prescribed :** **Upakari Ra Swasth Jeevan Kala, Bhag 1**  
 - Published by M/S Book Palace, Hem Baruah Road,  
 Pan Bazar, Guwahati - 781001.

*Pieces to be Read:*

1. Ma
2. Mero Parivar
3. Mero School
4. Mero Samparkka Manisharu
5. Hamro Aas-Pas Pray : Betino Va Dekhine Jeenisharu
6. Malai Chahine Avashyak Bastuharu

7. Mero Suraksha Bataharu
8. Mero Desh
9. Kala Ra Seep

## V. General Knowledge

Textbook Prescribed: Spotlight General Knowledge-1  
M/S Cordova Publications Pvt. Ltd.,  
C- 141, Sector -63, Noida, (U.P)

- The whole textbook is to be completed.

## VI. Value Education

Textbook Prescribed: No Textbook prescribed. Schools may follow their own textbook.

## VII. Work Education

Textbook Prescribed : Work Education – 1  
M/S Students’ Publication,  
Bara Bazar, Shillong – 79302.

- The whole textbook is to be completed

## VIII. Cursive Writing

Textbook Prescribed : Learning to write (**Cursive Writing**) 1  
- Published by M/S G. S Publishers & Distributors,  
Tulsidanga Lane Kolkata – 700076.

- The whole textbook is to be completed.

## IX. Art Education

Textbook Prescribed: Learning Art & Craft Book -1  
M/S Ashok Publishing House,  
13, D. Neog Path, G. S. Road, Dispur,  
Guwahati -5

- The whole textbook is to be completed

## CLASS II

### SUBJECTS :

#### I. Mother Tongue :

**Textbook Prescribed: (a)** Saral Nepali Sahitya Bhag - 2  
- Published by Textbook Committee (Nepali),  
Upper Mawprem, Shillong - 793002.

##### *Pieces to be Read*

##### *Unit - 1*

##### Poetry

1. Ishwar stuti.
2. Saat baar saat din

##### Prose.

1. Pachhuto
2. Budhiman Fyauro
3. Jogaiv Rakh
4. Bhanubhakta Acharya

##### Unit - II

##### Poetry

1. Ghadi
2. Biralo

##### Prose

1. Sunko Bhakundo
2. Ram Singh Thakuri
3. Swartha Mabanaun
4. Chan parvako Mahattyo

##### Unit - III

##### Poetry

1. Gun Gun mahuri
2. Belalai Helo Nagara.

##### Prose.

1. Jasko shakti usko Bhakti
2. Mahatma Gandhi.
3. Dakar Kina Aaunchha.

## II. English

**Textbook Prescribed: (a)**

**The Rainbow Reader (Course Book) -2**

- Published by Students' Publication,  
Bara Bazar Shillong - 793002.  
Meghalaya

*Pieces to be Read*

Unit -I

The Vowels Verses (Poem)  
The Vowels A, E, I, O, U Short & Long Vowel Sounds  
Phonetic symbols vocabulary Pronunciation.

Unit - II

Fanny the Fish (Parts 1 & 2)  
Nouns Common nouns of four categories; proper nouns;  
Singular & plural nouns, Comprehension Vocabulary Pronunciation.

Unit - III

The Secret Letter; Mini goes to the Grocery Store.  
The Articles a, an, & the; Their connection with Countable & Uncountable Nouns  
Vocabulary (Days & Months)

Unit - IV

Freddy finds a Ring  
Pronouns Comprehension Pronunciation.

Unit V

The Action Poem The 'Doing' Rhyme  
Verbs the verb 'to be', the Present Simple Tense of verbs  
the Present Continuous Tense of verbs.

Unit - VI

In Praise of Nature (Poem) Two Friends  
Adjectives Comprehension Vocabulary Pronunciation.

Unit - VII

A Boy and His Dog (Parts 1, 2 & 3)  
Punctuation Sentences & Phrases Comprehension Vocabulary Pronunciation.

Unit - VIII

The Fair  
Homonyms Comprehension Vocabulary Pronunciation.

**(b) The Rainbow Reader (Work Book) - 2**

- Published by Students' Publication,  
Bara Bazar Shillong - 793002.  
Meghalaya.

*Pieces to be Read*

1. The Vowels Verse.
2. Fanny the Fish (Part 1)
3. Fanny the Fish (Part 2)
4. The Secret Letter
5. Mini Goes to the Grocery Store.

6. Freddy finds a Ring.
7. The Action Poem.
8. The 'Doing' Rhyme.
9. In Praise of Nature.
10. Two Friends.
11. A Boy and His Dog (Part 1)
12. A Boy and His Dog ( Part 2)
13. A Boy and His Dog (Part 3)
14. The Fair.

### III. Arithmetic

**Textbook Prescribed :**

- a) Saral Aankaganit Part - II  
 - Published by Textbook Committee (Nepali),  
 Upper Mawprem, Shillong - 793002.

**Unit - I**

*Pieces to be Read:*

1. Pratham Sherenima Sikeka Paath Dohoraune Kaam.
2. Sankhya Lekhane Padhane Bidhi
3. Sankhya hassoka Tulana

**Unit - II**

1. Yog
2. Biyog
3. Guna
4. Bhag(Division through grouping object)

**Unit - III**

1. Akaichoti jodane ra ghataune Bidhi.
2. Vinna .
3. Oajan wa taula.
4. Dharan shaktikko parinnam.
5. Jayamitika aakritiharoo.

- b) Tables :      i) Revision of tables 1 to 5  
                       ii) Learning tables 6 to 10

### IV. Art of Healthy & Productive Living (AHPL)

**Textbook Prescribed :**

- Upakari Ra Swasth Jeevan Kala, Bhag 2  
 - Published by M/S Book Palace,  
 Hem Baruah Road, Pan Bazar, Guwahati - 781001.

***Pieces to be Read:***

1. Ma
2. Mero Parivar
3. Mero School
4. Mero Samparkka Manishharu
5. Hamro Aas-Pas Pray : Betine Va Dekhine Jeenisharu
6. Malai Chahine Avashyak Bastuharu
7. Mero Suraksha Bataharu
8. Mero Desh
9. Kala Ra Seep.

**V. General Knowledge**

Textbook Prescribed:

Spotlight General Knowledge-1  
 M/S Cordova Publications Pvt. Ltd.,  
 C- 141, Sector -63, Noida, (U.P)

- The whole textbook is to be completed.

**VI. Value Education**

Textbook Prescribed:

No textbook prescribed. Schools may follow  
 their own textbook.

**VII. Work Education**

Textbook Prescribed :

Work Education – 2  
 M/S Students' Publication,  
 Bara Bazar, Shillong – 793002.

- The whole textbook is to be completed.

**VIII. Cursive Writing**

Textbook Prescribed :

Learning to Write (Cursive Writing)- 2  
 M/S S. G. Publishers & Distributors,  
 Tulsidanga Lane, Kolkata – 700076.

- The whole text book is to be completed.



## IX. Art Education

Textbook Prescribed :

Learning Art & Craft Book -2  
M/S Ashok Publishing House,  
13, D. Neog Path, G. S. Road, Dispur,  
Guwahati - 5

- The whole textbook is to be completed.

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## CLASS III

### SUBJECTS :

#### I. Mother Tongue :

Textbook Prescribed: (a)

Saral Nepali Sahitya Bhag - 3  
- Published by Textbook Committee (Nepali),  
Upper Mawprem, Shillong - 793002.

*Pieces to be Read*

*Unit - 1*

Prose

1. Deialogue
2. Essay (story)
3. Life sketch

Unit - II

1. Essay
2. Letters
3. Bhasha Vyakaran
4. Alphabet (varna) swar-vyanjan varna.
5. Vakyansha and vakya, Idioms and phrases.
6. Parts of speech
7. Ling and vachan.
8. Chinho prayog.

Poetry

1. Joon
2. Bhanirahadainu

## Prose

1. Aamako Nak.
2. Chhabilal updhaya.
3. Udvid

## Grammar &amp; Composition

1. Bhasha, Vyakaran, Alphabet, swar-vyanjan, varna, vakyansha, vakya, Idioms and phrases.
2. Letter writing
3. Essay writing.

## Poetry

Chiple kira  
Janma Bhumi.

## Prose

1. Pustak
2. Sancho Nyay.
3. Computer.

## Grammar &amp; Composition.

1. Shabdo ra prakar (parts of speech)
2. Linga, vachan, chinch prayog.
3. Letters writing
4. Essay writing.

## Poetry

1. Khetiwala
2. Viddhyaabhyas.

## Prose

1. Upkar
2. Mahakani devkota
3. Biralo ra Baandar.

## Grammar &amp; Composition

1. Correct and Incorrect words
2. Correct and Incorrect sentence
3. Antonyms and synonyms.
4. Paronyms and single word in substitution
5. Letter writing.
6. Essay writing

## II. English

**Textbook Prescribed: (a)**

**The Rainbow Reader (Course Book) - 3**

- Published by Students' Publication,  
Bara Bazar Shillong - 793002.  
Meghalaya

*Pieces to be Read*

## Unit -I

The Island Forest of Nokrek.

1. Comprehension
2. Revision of Common & Proper Nouns.
3. Collective Nouns.
4. Nouns (Singular & Plural)
5. Verbs (Simple Present Tense)
6. Adjectives (some & many)
7. Word Meaning.
8. Vocabulary (names & calls of animals)

## Unit -II

The Spirit of Independence Day.

1. Comprehension.
2. Adjectives (Opposites)
3. Verbs (change from base form to Present Continuous tense)
4. Word meaning (synonyms)
5. Making sentences.

## Unit - III

A Tribute to Meghalaya.

1. Comprehension
2. Comparative Adjectives.
3. Different kinds of sentences.
4. Word meaning.

## Unit - IV

A Special Place: The Monoliths and Dolmens of Nartiang.

1. Comprehension.
2. Word meaning.
3. Making sentences.
4. Comparative Adjectives (more & most)

## Unit V

Football.

1. Comprehension.
2. Different kinds of sentences & punctuation.
3. Subject - Verb agreement.
4. Compound Nouns.
5. Adjectives (Comparative & Superlative)
6. Word meaning.

## Unit - VI

The Animals' Song(Poem on the Environment)

1. Comprehension
2. Prepositions (of place)
3. Vowel sounds
4. Words meaning.
5. Sentences making.

## Unit - VII

Inspiring Indian Women.

1. Comprehension.
2. Past tense of the verb 'to be'
3. Continuous tense of verbs.
4. Making sentences.

## Unit - VIII

The Legend of the Peacock.

1. Comprehension.
2. Simple Past tense.
3. Word meaning.
4. Making sentences.

## Unit - IX

The Birthday Present.

1. Comprehension.
2. Adverbs (of manner)
3. Simple Past tense of verbs.
4. Word meaning.
5. Making sentences.

**(b) The Rainbow Reader (Work Book) - 3**

- Published by Students' Publication,  
Bara Bazar Shillong - 793002.  
Meghalaya.

*Pieces to be Read*

1. The Island Forest of Nokrek (Part 1)
2. The Island Forest of Nokrek (Part 2)
3. The Spirit of Independence Day.
4. A Tribute to Meghalaya (Poem)
5. A Special Place - Nartiang.
6. Football (Part 1)
7. Football (Part 2)
8. The Animals' Song
9. Inspiring Indian Women (Part 1)
10. Inspiring Indian Women (Part 2)
11. The Legend of The Peacock.
12. The Birthday Present.

**III. Arithmetic**

**Textbook Prescribed :**            **a)        Saral Aankaganit - Part III**  
 - Published by Textbook Committee (Nepali),  
 Upper Mawprem, Shillong - 793002.

### **Unit - I**

#### ***Pieces to be Read***

1. Sankhya Patham (Numerals)
2. Jod (Addition)
3. Ghatau (Substraction)
4. Guna (Multiplication)

### **Unit - II**

1. Bhag (Division).
2. Sama Sankhya Ra Bisam Sankhya (Odd and Even Number)
3. Naptaulako Parebastian wa Rupanter (Different types of measures)

### **Unit - III**

1. Ghadi Padhane Bidhi (Reading watches and clocks).
2. Samatal Chetra, Dharatal, Samakonik chetra, Varga, Tribhuj, Birtta.  
(Surface, Rectangle, Square, Triangle, Circle)
3. Bindu Ra Rekha, Paridhi (Point, Line and Perimeter).

- b) Tables :            i) Revision of tables 1 to 10  
                               ii) Learning tables 11 to 15

#### ***Pieces to be Read***

1. Samtal Chchetra :  
Dharatal, Samkonik Chchetra, Varg, Tribhuj, Vrit
2. Vindu Ra Rekha, Paridhi  
[Point, line & Perimeter]

Uttarmala

[Answers]

## **IV. Art of Healthy & Productive Living ( AHPL)**

**Textbook Prescribed :**            Upakari Ra Swasth Jeevan Kala, Bhag 3  
 - Published by M/S Book Palace, Hem Baruah Road,  
 Pan Bazar, Guwahati - 781001.

#### ***Pieces to be Read :***

1. Ma
2. Mero Skul Au Sathiharu
3. Damra Viripariko Manishharu
4. Hamro Itihasko Au Sanskritik Gharohar
5. Suraksha Ka Upaharu

6. Garn Parne Cheezharu
7. Mero Desh
8. Khel Au Manoranjan

## V. Environmental Studies

**Textbook Prescribed :** **Paryavaran Adhyayan Part III**  
 - Published by Textbook Committee (Nepali),  
 Upper Mawprem, Shillong - 793002.

**Pieces to be Read :**

- |    |                |   |                               |
|----|----------------|---|-------------------------------|
| 1. | Lesson - 1 (A) | - | Sajin Padarth                 |
| 2. | Lesson - 1 (B) | - | Vanaspati Ra Pranima Bhinnata |
| 3. | Lesson - 1 (C) | - | Hamro Varipariko Sansar       |
| 4. | Lesson - 2     | - | Sharir Ra Swasth              |
| 5. | Lesson - 3     | - | Bhojan Ra Poshan              |
| 6. | Lesson - 4     | - | Padarth Au Teeniharuko Gun    |
| 7. | Lesson - 5     | - | Pani, Mausan Au Reetu         |
| 8. | Lesson - 6     | - | Aakash                        |

- The whole Text book is to be completed.

## VI. Social Studies

**Textbook Prescribed :** **Samajik Adhyayan - Part I**  
 - Published by Textbook Committee (Nepali),  
 Upper Mawprem, Shillong - 793002.

**Pieces to be Read :**

1. Meghalaya Hamro Rajya
2. Hamro Khanekura
3. Pahiran
4. Meghalaya Rajyako Manis Ra Unka Ilam
5. Shillong Shahar
6. Kamkaj
7. Char Parv
8. Hamro Deshko Bhumi Ra Jalvayu
9. Sampark - Sadhan
10. Yatayatko Sadhan
11. Delhi
12. Manav Jatiko Katha
13. Raja U Tirot Singh
14. U Kiang Nangbah
15. Sonaram
16. Hamro Varipariko Manis tatha Vastuharu
17. Chchimek
18. Pathshala ka Mahatapurn Dinharu
19. Meghalayko Vesh Bhusha

## VII. General Knowledge

Textbook Prescribed:

Spotlight General Knowledge-4  
M/S Cordova Publications Pvt. Ltd.,  
C- 141, Sector -63, Noida, (U.P)

- The whole textbook is to be completed.

## VIII. Value Education

Textbook Prescribed:

No textbook prescribed. Schools may follow their own textbook.

## IX. Work Education

Textbook Prescribed :

Work Education – 4  
M/S Students' Publication,  
Bara Bazar, Shillong – 793002.

- The whole textbook is to be completed.

## X. Cursive Writing

Textbook Prescribed :

Learning to Write (Cursive Writing)- 4  
M/S S. G. Publishers & Distributors,  
Tulsidanga Lane, Kolkata – 700076.

- The whole textbook is to be completed.

## IX. Art Education

Textbook Prescribed :

Learning **Art & Craft Book -2**  
M/S Ashok Publishing House,  
13, D. Neog Path, G. S. Road, Dispur,  
Guwahati - 5

- The whole textbook is to be completed.

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## CLASS IV

### SUBJECTS :

#### I. Mother Tongue :

**Textbook Prescribed: (a)** Saral Nepali Sahitya Bhag - 4  
- Published by Textbook Committee (Nepali),  
Upper Mawprem, Shillong - 793002.

##### *Pieces to be Read*

##### *Unit - 1*

##### *Prose*

1. Stories
2. Dramas
3. Life sketch
4. Essay.

##### *Unit - II*

##### *Grammar & Composition.*

1. Runush
2. Visheshan
3. Kriya
4. Kaal
5. Avyaya.

##### *Composition.*

1. Ukhan Tukka.
2. Gaun Khane katha
3. Bibhanna pranika Bachhoko naam
4. Samuha Bujhaune shabda

##### *Letter writing & Essay.*

1. Chithi
2. Gai
3. Kukoor
4. Tihar.

##### *Poetry*

1. Ishwar stuti
2. Bholi

##### *Prose*

1. Parishramko phal mitho hunchha.
2. Murkha haruko khojee
3. Surya bikram Gewali



## Grammar &amp; Composition.

1. Purush
2. Visheshan
3. Ukkan
4. Gaun khane katha

## Poetry

1. Aama
2. Lakchhya

## Prose

1. Kagaj
2. Mahan chitrakar picaso
3. Bishwasghat

## Grammar &amp; Composition.

1. Kriya
2. Kaal
3. Bibhinna pranika Bachchaharuko Maan
4. Gai, Kukaar

## Poetry

1. Pap Lagdacch
2. Shillong

## Prose

1. Tirot Singh
2. Sahash
3. Mahasagarko Atma katha

## Grammar &amp; Composition.

1. Avyaya
2. Samuha Bujhaune shabda
3. Tihar.

## II. English

**Textbook Prescribed: (a)      The Rainbow Reader (Course Book) - 4**  
 - Published by Students' Publication,  
 Bara Bazar Shillong - 793002.  
 Meghalaya

### *Pieces to be Read*

#### Unit -I

- The Tree (Parts 1 & 2)
- 9. Comprehension
- 10. Revision Nouns, Verbs, Adjectives, Adverbs.
- 11. Sentences & Phrase
- 12. Word Meaning.

#### Unit -II

India (Poem)

6. Comprehension
7. Adjectives (Opposites)
8. Adverbs
9. Word meaning
10. Writing sentences.

#### Unit - III

Mountaineering (Parts 1 & 2)

5. Comprehension
6. Comparative & Superlative Adjectives.
7. Prepositions.
8. Word meaning.

#### Unit - IV

Keeping the World Green (Poem)

5. Comprehension.
6. Word meaning
7. Making questions
8. Prepositions of time.
- 9.

#### Unit V

The Living Root Bridges of Meghalaya.

7. Comprehension.
8. Collective Nouns
9. Abstract Nouns.
10. Word meaning.

#### Unit - VI

The Story of a Brave Girl.

6. Comprehension
7. Abstract Nouns
8. Collective Nouns
9. Words meaning.
10. Writing sentences.

#### Unit - VII

The Legend of Sohpet Bneng.

5. Comprehension.
6. Making Abstract Nouns from Adjectives .
7. Making sentences.
8. Punctuation.

#### Unit - VIII

The Kite (Parts 1, 2 & 3)

5. Comprehension.
6. Nouns & Adjectives.
7. Verbs & Adverbs
8. 'Because'
9. 'Have' & 'Has'
10. Phrasal Verbs.

**(b) The Rainbow Reader (Work Book) - 4**

- Published by Students' Publication,  
Bara Bazar Shillong - 793002.  
Meghalaya.

***Pieces to be Read***

1. The Tree (Part 1)
2. The Tree (Part 2)
3. India (A Poem)
4. Mountaineering (Part 1)
5. Mountaineering (Part 2)
6. Keeping the World Green (A Poem)
7. The Living Root Bridges of Meghalaya.
8. A Brave Girl
9. The Legend of Sohpet Bneng.
10. The Kite (Part 2)
11. The Kite (Part 2)
12. The Kite (Part 3)

**III. Arithmetic**

**Textbook Prescribed :**      a)      **Saral Aankaganit - Part IV**  
- Published by Textbook Committee (Nepali),  
Upper Mawprem, Shillong - 793002.

**Unit - I*****Pieces to be Read***

1. Sankhya Patham (Numerals, Greater numbers).
2. Sadharan Jod Ra Ghatau (Simple Addition and Substraction).
3. Guna (Multiplication).
4. Gyamiti Upakaranka Prayog (The use of Geometrical instruments).

**Unit - II**

1. Aikik Niyam (Unitary Method).
2. Ssaral Gara (BODMAS).
3. Utpadak Au Manlik Sankhya (Factors and Prime Numbers).
4. Parivasa (Definition of different angles).

**Unit - III**

1. Maulik Utpadak (Prime Factors).
2. Ma. Sa. Ah Ra La, Sa -Ah (H.C.F and L.C.M).
3. Vinma Sankhya (Fractions).
4. Tribhuj (Triangles).

-            Tables : Revision of tables 1 to 15  
                 Learning tables 16 to 20

## IV. Environmental Studies

**Textbook Prescribed :** **Paryavaran Adhyayan Bhag 4**  
- Published by Textbook Committee (Nepali),  
Upper Mawprem, Shillong - 793002.

*Pieces to be Read:*

- |     |              |   |                                 |
|-----|--------------|---|---------------------------------|
| 1.  | Lesson 1 (a) | - | Sajin Vastu                     |
| 2.  | Lesson 1 (b) | - | Vanaspati Au Jantuko Herchah    |
| 3.  | Lesson 1 (c) | - | Vanaspati Au Pashuko Upyogita   |
| 4.  | Lesson 2 (a) | - | Manav Sharir/Poshan Au Swasthya |
| 5.  | Lesson 2 (b) | - | Pradushan                       |
| 6.  | Lesson 3     | - | Padarth Au Tinko Gun            |
| 7.  | Lesson 4     | - | Mausam                          |
| 8.  | Lesson 5     | - | Mato Ra Anna                    |
| 9.  | Lesson 6     | - | Bal, Karya Au Urjee             |
| 10. | Lesson 8     | - | Aakash Ra Prithvi               |

## V. Social Studies

**Textbook Prescribed :** **Samajik Adhyayan Part II**  
- Published by Textbook Committee (Nepali),  
Upper Mawprem, Shillong - 793002.

*Pieces to be Read:*

1. Meghalayako Prakritik Gathan
2. Jalvayu
3. Prakritik Sampada
4. Khasi, Jaintia tatha Garo Jatiko Utpati Ra Basobas
5. Khasi Jaatiko Rajnaitik Sangh Sanstha
6. Garo Sampradayka Rajnaitik Sangh Sanstha
7. Khasi Tatha Garo Jatiko Samajik tatha Arthik Jeewan
8. Hamro Sanvidhan
9. Hamra Praniya Ra Kendriya Sarkar

## VI. ART OF HEALTHY & PRODUCTIVE LIVING (APHL)

**Textbook Prescribed :** **Upakari Ra Swasth Jeevan Kala - Bhag 4**  
- Published by M/S Book Palace,  
Hem Baruah Road, Pan Bazar, Guwahati - 781001.

*Pieces to be Read:*

1. Ma (Myself)
2. Hamro Samuday (My Community)

3. Suraksha Ka Upayharu (My Safety Measures)
4. Manishle Garne Kam (Work People Do)
5. Hamro Sanskritik Gharohar (Our Cultural Heritage)
6. Mero Desh (My Country)

## VII. General Knowledge

Textbook Prescribed: Spotlight General Knowledge-4  
M/S Cordova Publications Pvt. Ltd.,  
C- 141, Sector -63, Noida, (U.P)

- The whole textbook is to be completed.

## VIII. Value Education

Textbook Prescribed: No textbook prescribed. Schools may follow their own textbook.

## IX. Work Education

Textbook Prescribed : Work Education – 4  
M/S Students' Publication,  
Bara Bazar, Shillong – 793002.

- The whole textbook is to be completed.

## X. Cursive Writing

Textbook Prescribed : Learning to Write (Cursive Writing)- 4  
M/S S. G. Publishers & Distributors,  
Tulsidanga Lane, Kolkata – 700076.

- The whole textbook is to be completed.

## XI. Art Education

Textbook Prescribed : Learning **Art & Craft Book -2**  
M/S Ashok Publishing House,  
13, D. Neog Path, G. S. Road, Dispur,  
Guwahati – 5.

- The whole text book is to be completed.

