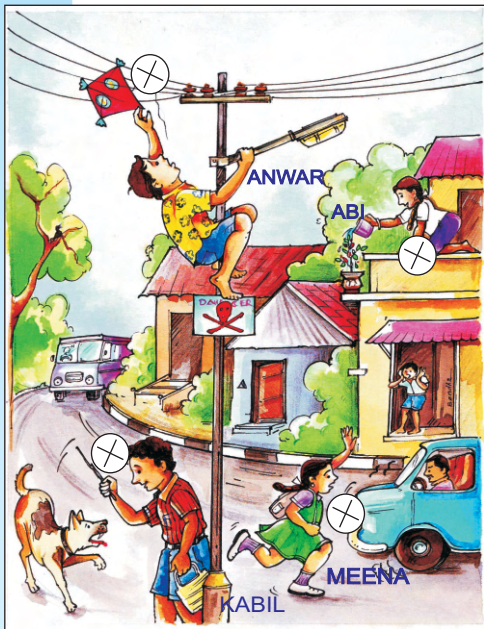




The word 'safety' means free from danger. A danger that strikes a person unexpectedly is called an accident. They may or may not cause injury or damage. But such accidents can be avoided by following safety rules and procedures.



Look at the picture. Now discuss with your friend and write down what would have happened to ?

ABI

KABIL

ANWAR

MEENA

So what causes accidents? The only answer could be either ignorance or carelessness. It is very important to know about the various safety measures that we have to follow in our day-to-day life.

FIRE SAFETY

Fire is an important element in our day-to-day life. Fire can be used for both creative and destructive purposes. We should use it carefully.

List the uses of fire.



REASONS FOR FIRE ACCIDENTS

- ✦ Mishandling of highly inflammable items
- ✦ Leakage in cooking gas (LPG) cylinder
- ✦ Electrical short circuit
- ✦ Crackers falling on the huts

PRECAUTIONARY METHODS TO AVOID FIRE ACCIDENT

- ✦ Do not play with matchsticks as it may cause serious burns or even major fire accidents.
- ✦ After lighting a candle put out the match sticks before disposing it.
- ✦ We should be careful and cautious while bursting crackers. It is best to have elders around.
- ✦ Do not play in the kitchen



WHAT ARE THE USES OF THE FOLLOWING?



WHAT TO DO WHEN YOUR CLOTHES CATCH FIRE?

Stop – stop running, because running would increase the oxygen and the fire may increase.

Drop – drop down to the ground.

Roll – close your eyes and face and roll on the ground. This puts out the fire and saves you from serious injuries.



FIRST AID



- Remove the burnt clothes.
- Run cold water over the burnt area.
- Gently clean the injured area to make it dry .
- Use a sterile bandage to cover the burns.
- Take the patient to a doctor if required for any further treatment.

ELECTRICITY AND SAFETY



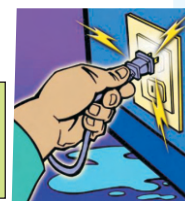
Today electricity dominates our homes, work place and modes of transportation, communication, medicine and science. So we should always remember to use the electrical appliances, machines, and other devices carefully.



THINGS TO REMEMBER

- ▲ Do not play with electrical cords, wires, switches or plugs.
Stay away from the snapped live wires and inform the elders immediately.
- ▲ Do not use a hairdryer or play with an electrical radio or television near any source of water.
- ▲ If a power line is close to or in contact with a tree, do not touch it or climb on it.
- ▲ Never touch an electrical appliance with wet hand.
Fly kites in an open field and never fly them near electrical posts.
- ▲ Never climb electrical towers or utility poles.
Stay away from transformers.

Don't pour water to put out fire caused by electric short circuit.



FIRST AID

- ✚ It is extremely necessary to know how to administer first aid to electrical accident victims before taking them to a doctor.
- ✚ First switch off the main supply and remove the victim from the electrical contact.
- ✚ Never touch the victim before he is removed from the electrical contact.
- ✚ Take the victim to the doctor for immediate treatment.



ROAD SAFETY

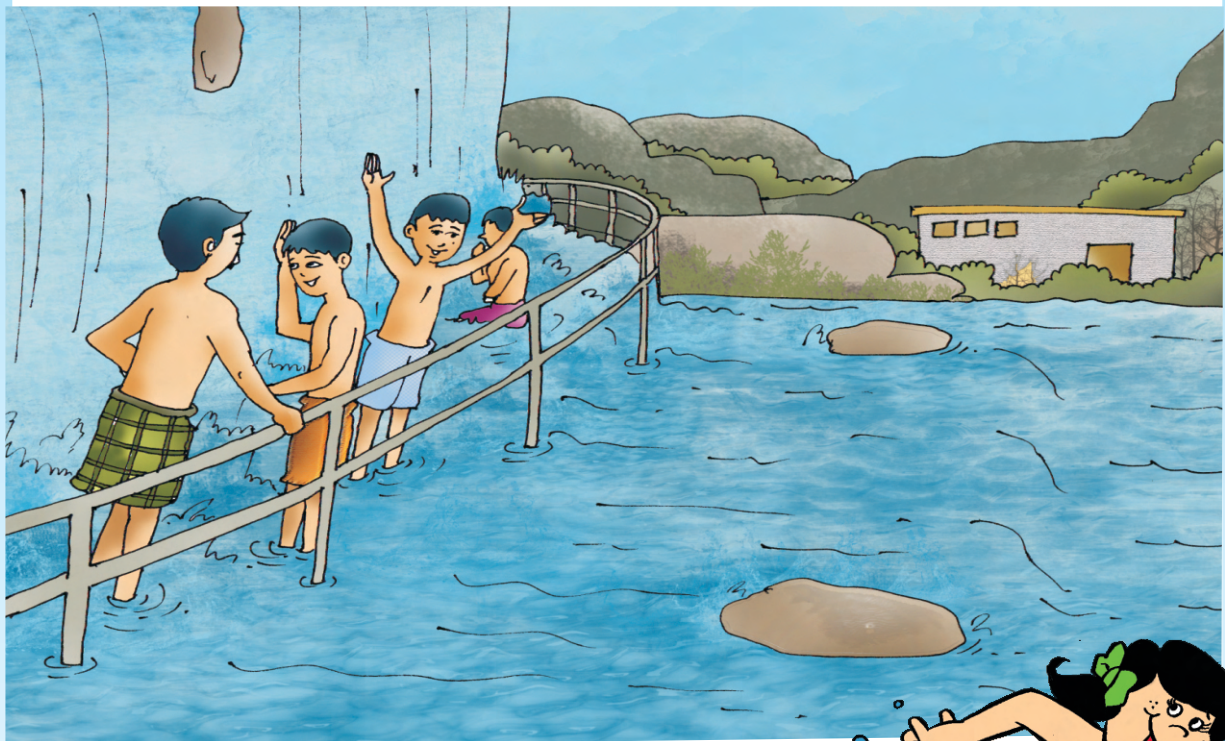
- 🚦 Always follow traffic rules.
- 🚦 Never play on the road.
- 🚦 Walk on the pavement.
- 🚦 If there is no pavement, walk on the right side of the road facing the on coming traffic.
- 🚦 Always cross the road at the zebra crossing.
- 🚦 Look left, right, and left again before you cross and keep looking both ways until you reach the other side.
- 🚦 Never try to get in or out of a moving bus.
- 🚦 Do not put your hands or head out while travelling in a car or bus.
- 🚦 Do not stand on the footboard while travelling in a bus.
- 🚦 One should not use a mobile phone while on the road



List the electrical and electronic items used in your house?

WATER SAFETY

- 💧 We should follow the safety rules when we are near a water body
- 💧 While learning to swim you should not go beyond the safe zone specified. Children should swim in water that is less than chest deep.
- 💧 We should not get into the sea where it is prohibited.
- 💧 While having a bath under a water fall we should hold the iron bar which is kept for safety.
- 💧 Do not peep into the well. Inform the elders at home if you have dropped something in the well.



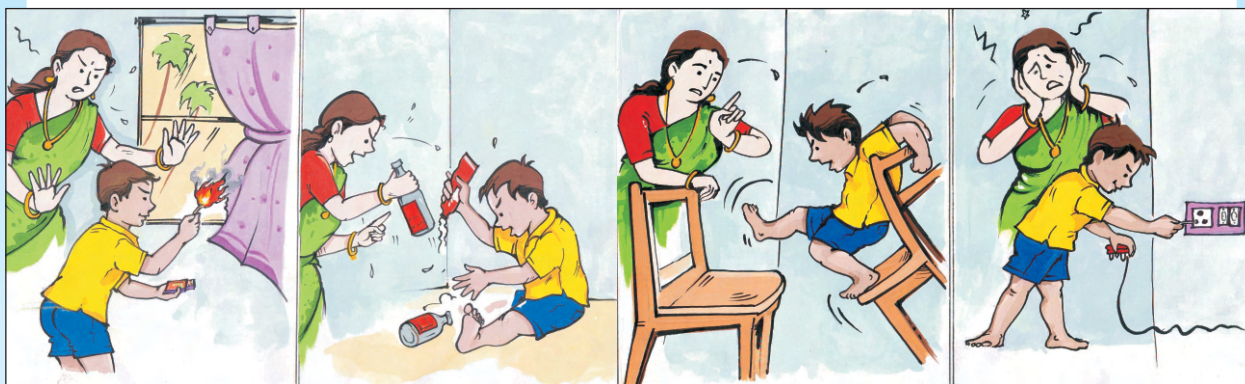
FIRST AID

- ✚ First bring the drowned person out of the water.
- ✚ Make him lie down on his stomach, with head turned to a side.
- ✚ Then press the stomach to take the water out.
- ✚ Meanwhile send for a doctor for further treatment.

If we are careful and cautious we can avoid and prevent accidents.

ACTIVITIES

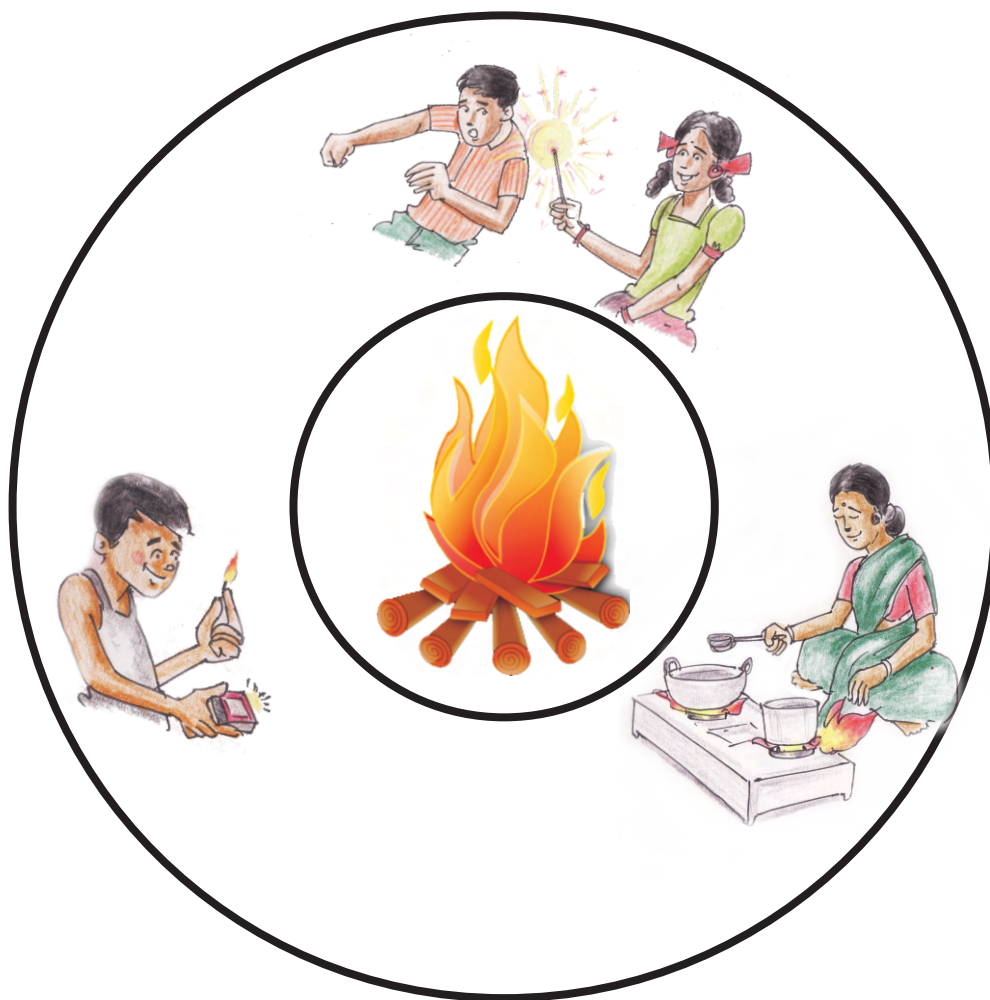
1. Talk your personal experience of bursting crackers, any fire accident that you have witnessed and your reaction.
2. Talk about the accident that you have witnessed – the reaction of people involved - how it has affected you.
3. Your experience of bursting crackers during Diwali
4. Role play an accident and the first aid– in groups.
5. Role play and show how the electrical appliances should be used.
6. Form groups and write a skit on safety and act it in the class.
7. Observe your mother working in the kitchen and prepare a list of safe and unsafe methods she follows in the kitchen.
8. Look at Ravi and write how Ravi's mother would have warned him



9. Collect information from newspapers

ACCIDENTS	REASONS

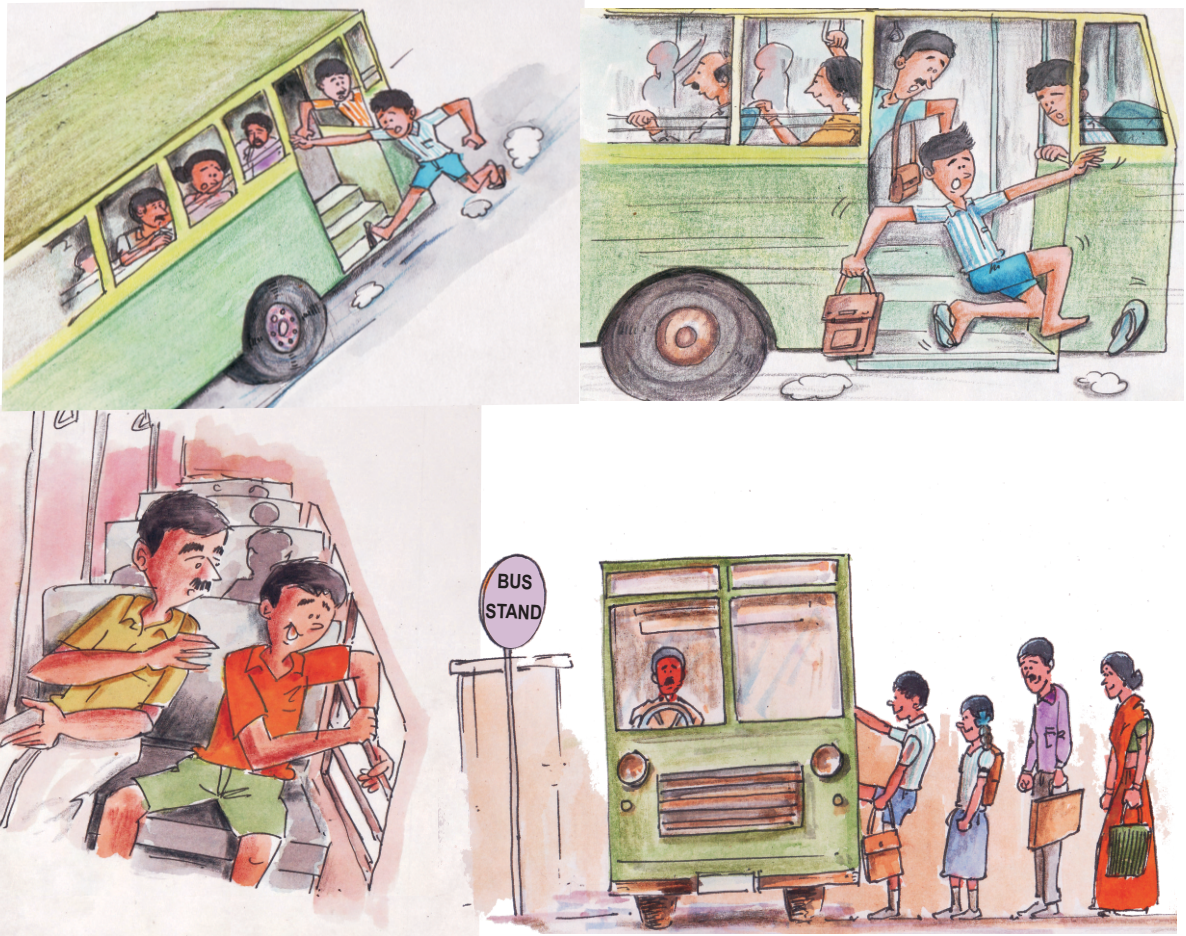
I. OBSERVE THE FOLLOWING PICTURE AND TELL WHY THESE ARE UNSAFE WAYS OF HANDLING FIRE?



LOOK AT THE PICTURES. ANALYSE AND REASON OUT.

What is happening in the pictures given below?

Which of these would you like to follow? Why?



EXERCISE

I. READ THE FOLLOWING STATEMENTS AND SAY WHETHER TRUE OR FALSE. IF FALSE, GIVE THE CORRECT ANSWER.

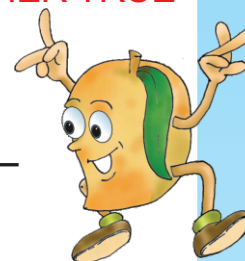
1. Accidents occur only on the roads.

2. Run and inform your mother when your clothes get fire.

3. Never touch an electrical appliance with wet hand.

4. While learning to swim you should not go beyond the safe zone .

5. Look right and left before you cross and reach the other side of the road _____



II. COMPLETE THE FOLLOWING SENTENCES.

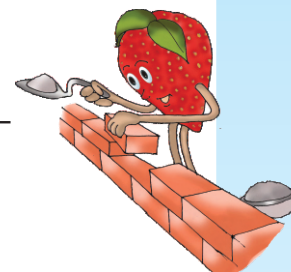
1. After lighting a candle or stove, put off the _____ before disposing it.

2. We should run _____ water over burnt area.

3. If a power line is near or touching a tree do not _____.

4. Always cross the road at the _____.

5. First bring the drowned person out of the _____.



III. ANSWER THE FOLLOWING

1. What is the main reason for accidents?

2. What is the best way to practice fire safety?

3. Why shouldn't we run when our clothes get fire?

4. Which side should we walk if there is no pavement ?

5. Where should the children swim in a pool?

