

NORTH-EX PUBLIC SCHOOL, JAIN NAGAR
PERIODIC TEST - I, 2019-20
CLASS - XI
SUBJECT – PHYSICAL EDUCATION

TIME : 1 hr 10 mins

MM:40

All questions are compulsory.

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|------|--|---|
| Q1. | Define physical education. | 3 |
| Q2. | What is the aim of physical education? | 3 |
| Q3. | Explain any one objective of Physical Education. | 3 |
| Q4. | Explain the role of Dr. Tara Chand Committee. | 3 |
| Q5. | Write about first Ancient Olympic event. | 3 |
| Q6. | Explain about the inaugural winter Olympics. | 3 |
| Q7. | Write about Olympic torch. | 3 |
| Q8. | What are the objectives of Summer Olympics? | 3 |
| Q9. | Elaborate objectives of IOC. | 3 |
| Q10. | Write about WADA. | 3 |
| Q11. | Explain the organizations set up of CBSE Sports. | 5 |
| Q12. | Explain Chacha Nehru Award. | 5 |

OR

Explain the career options in the field of Physical Education. 5

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