

**NORTH-EX PUBLIC SCHOOL**  
**(Senior Secondary, Affiliated To CBSE)**  
**School Block, Jain Nagar, Sector-38, Rohini, Delhi – 81**  
**SUMMER HOLIDAY HOMEWORK, 2025-26**  
**CLASS – XI (HUMANITIES)**

**PHYSICAL EDUCATION**

- Q1. Enlist the objective of physical education according to the book Walter and explain any two of them.
- Q2. Discuss about the career in sports communication.
- Q3. Discuss the different career options in sports performance.
- Q4. Briefly discuss the changing trend in physical education in India after independence.
- Q5. Write about the khelo India programme.
- Q6. What is the role of khelo India program in physical education and sports.
- Q7. Write a short note of modern Summer Olympic Games (after 1896) .
- Q8. Briefly explain the opening and closing ceremony.
- Q9. Write a short note of Indian Olympic Association(IOA)
- Q10. You have been made in charge of organising the opening ceremony at the Olympic games that will be held in your country. Your mandate is to showcase the art, culture and history of your country. What would you include? What element would make it fun yet thoughtful? Would it inspire the entire nation or just certain part of it? What message do you wish to convey? Choose one theme present your ideas.

**ENGLISH**

1. Learn and revise all the syllabus of PERIODIC TEST-I.
2. Design a poster on the topic –‘How CNG can be the best alternative to diesel and petrol.’ [50 words]
3. Your grandfather is very upset about the rising prices and keeps thinking of his olden times when things were very cheap. You are convinced that inflation has made life difficult for common man. Write a letter in 100-120 words to the editor of a national daily describing the difficulties faced by poor families.
4. You are Raghav /Raghni. Write an article on importance of breakfast as a healthy food habit.
5. Ankit, a class XI student was asked by his teacher to deliver a speech in the morning assembly of his school on “World Environment Day”-5th June. Using ideas given below, together with your own, write the speech in not more than 120 words.
  - a. Let’s not pollute the air we breathe!
  - b. Wake up in fresh air and maintain cleanliness
  - c. Plant trees and see them growing
  - d. Fight vehicular pollution
6. Mobile phones, video games, internet and play stations have replaced the conventional outdoor games that children used to play. Do you agree? Write an article in about 100-120 words, expressing your agreement or disagreement with the same. (Use A-4 size sheet).
7. Draft a poster on the ‘Importance of conservation of electricity. (Use A-4 size sheet).
8. Identify the poetic devices used in the poem A Photograph and discuss their meanings.

9. Write a story review of the chapter 'The Portrait of a Lady' or 'The Summer of the Beautiful White Horse' in about 200 - 250 words.
  - Begin with the gist of the story.
  - Then write how did you like the story and why?
  - Then explain which part of the story you liked the most and why?
  - Then mention which character is your favourite in it and why?
  - And then the conclusion.
10. Prepare the topic of your choice for ASL (Assessment of Speaking and Listening).

### **HISTORY**

- Q1. What do you understand by the word Mesopotamia?
- Q2. Why the early temple were more like a house?
- Q3. What was the contribution of Mesopotamian to the world?
- Q4. When did agriculture begin in Mesopotamia?
- Q5. 'Slavery was an institution deeply rooted in ancient Roman world.' Explain.
- Q6. Explain the impact of the crisis of the third century on early Roman civilization.
- Q7. What was denarius?
- Q8. Describe about the condition of women in Roman society.
- Q9. Explain main features of Roman army.
- Q10. Explain about the legacy of writing in Mesopotamia.

### **POLITICAL SCIENCE**

- Q1. Why do we need a constitution?
- Q2. What do you mean by fundamental identity of people?
- Q3. State the difference between the Fundamental Rights and Directive Principles.
- Q4. Describe the various Fundamental Rights given in the Indian constitution.
- Q5. Difference between FPTP and PR system.
- Q6. Elucidate in brief the functions of Election Commission.
- Q7. Explain powers and functions of President.
- Q8. Explain the types of Executive.
- Q9. Difference between powers of Rajya Sabha and Lok sabha.
- Q10. What is defection?

### **ECONOMICS**

1. What are the stages of statistical study?
2. Define statistics as a singular and plural noun.
3. What are the three components of economics? Explain them.
4. Make a list of activities that constitute the ordinary business of life . Are these economic activities?
5. "The Government and policy makers use statistical data to formulate suitable policies of economic development ".Illustrate with two examples.
6. Explain Diamond water paradox?
7. What does the slope of PPF indicate? Explain with the help of diagrams.
8. What does the opportunity cost mean? Explain with a numerical example.
9. What is the difference between the planned economy and market economy ?
10. Explain the central problem of the choices of products to be produced.
11. Prepare the practical file on ( select any one topic)

S.No.	Project Topic
1	Effect on PPC due to various government policies
2	Invisible Hand (Adam Smith)
3	Opportunity Cost as an Economic Tool (using real-life situations)
4	Effect of Price Change on a Substitute Good
5	Effect on Equilibrium Prices in the Local Market